

Welcome Guests!

Please see page two for important information about today's service and how to get the most out of your visit with us.



4801 FRANKLIN AVENUE DES MOINES, IOWA 50310 515.255.2122 www.FIRSTFEDERATED.ORG



Making Disciples ~ Cooking Turkeys

By Mike Rose, Senior Pastor

What a strange title for an article appearing in a church newspaper? What does making disciples have to do with cooking turkeys? More than you may think... Anyone who has prepared a turkey for a meal knows that you can't begin one hour before dinner time. In fact, those frozen turkeys take hours to thaw properly and hours to cook properly. In other words, you don't microwave turkeys, you slow roast them. Slow cooking generally produces a moist, delicious turkey.

The same is true for disciples of Christ. To produce disciples who are fully functioning requires time. It's a process. Consider this: How long did it take Jesus to prepare the eleven to stand on their own and make other disciples? Three years. What about the Apostle Paul? Although he had much religious training and was zealous for God, or so he thought, it took three years of intentional and



intense work to bring him to a fully functioning status. My point is this: In our hurry-up, make it happen now, I don't have time to give culture, we want discipleship to be a snap. What book can I read? What conference can I attend? What weekend event can I sign up for to become a fully functioning disciple? The answer to that is: none of the above. Making a disciple is different than simply making a convert. I may be able to make a convert in an hour's conversation, however, a disciple takes may take years. In his book *"The Disciple Making Pastor"*, Bill Hull says, *"It takes five years to establish a discipleship flow and have it bear fruit within the church. Many pastors and parishioners simply don't possess the spiritual stomach for such a journey."*

Making disciples will require us to sign up for the long haul. We will be required to place substance before style, commitment before convenience and people before programs. But, if we really want to impact our community and touch the world, only fully functioning followers of Christ will get the job done. Before He returned to heaven, Jesus instructed His disciples to *"...make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all the things that I commanded you..."* Matthew 28:19-20. This task has been handed to us and now we must go and follow the mission of our Lord. Put on your apron, fire up the oven and let's cook some turkeys!



Two Sunday's ago Pastor Mike's sermon spoke to an issue of life which has touched each of us in some way. Perhaps it spoke to where you are right now or where a loved one is right now. If you or someone you know appear to be headed to divorce court, his advice was to STOP and come and talk to him or an elder and to find resources to help.

One resource is coming to Des Moines in just a few short weeks. It is FamilyLife's Weekend to Remember. And, if you are asking "Can this be fixed?", this conference will help you believe that relationships can be reconciled, that you can look to the future and find restoration. It will give you the tools to start the healing process.

Stan and Jeanice Anderson are the group coordinators again this year. You may call them at 331-0020 for more information. Registering with our group will save you \$80 per couple. If cost is an issue, please don't let that stop you. Scholarships are available.

Celebrate Valentine's Day!

LAST CHANCE TO GET TICKETS FOR THE FFC VALENTINE PARTY

The perfect gift for your Valentine!

Special music, great speakers and super appetizers and dessert.

Just \$10 per couple – get your ticket, at the registration table, before or after the services, 1st service in the foyer and 2nd service in the hall.



Sunday, February 14

6:00 – 8:00 PM

FFC Fellowship Hall

Cost: \$10.00 per couple



WELCOME TO FIRST FEDERATED CHURCH!

Thank you for choosing to worship with us this morning!

Have Questions?

If you have any questions, simply ask someone wearing a name tag with "Here to Help" on it or visit the Welcome Center in the foyer.

Guest Reception

If you are visiting with us for the first time or have just recently started attending First Federated Church, we cordially invite you to a reception immediately following the service (see map for locations). We would love to have the opportunity to meet you, get to know you better, and answer any questions you may have.

Fill Out the Care & Communication Card

If you have never completed a Care and Communication Card, please take a moment to do so. This allows us, as a church family, to better know your needs and how we can serve you. The Care and Communication Card is located inside this newspaper. Just fill out the card completely and leave at the end of your pew, give to an usher, or hand it in at the Guest Reception.

Thank you for taking the time to visit First Federated Church. If you are not presently a member of a Bible teaching church, we invite you to join our church family.

If You Have Children, Visit the Children's Ministry Registration Station

Trust your children to the care of our dedicated, loving Children's Ministry staff. Our children's programs provide quality care and learning for kids of all ages.

If your child has not already been enrolled in our Children's Ministry, a quick visit to the Children's Ministry Registration Station will provide you with temporary security tags and give us the information we need to effectively minister to your child.

Infants & Preschool Children

Childcare and teaching are available during the 9:10 and 10:45 hour in the Nursery and Preschool Departments.

Kindergarten-4th Grade

During the 9:10 hour, **K-4th graders** gather in the gym and then go to graded classroom groups for Bible learning and fun.

K-4th graders attend their own age-appropriate children's church, called KZ Church, in room 152 at 10:45.

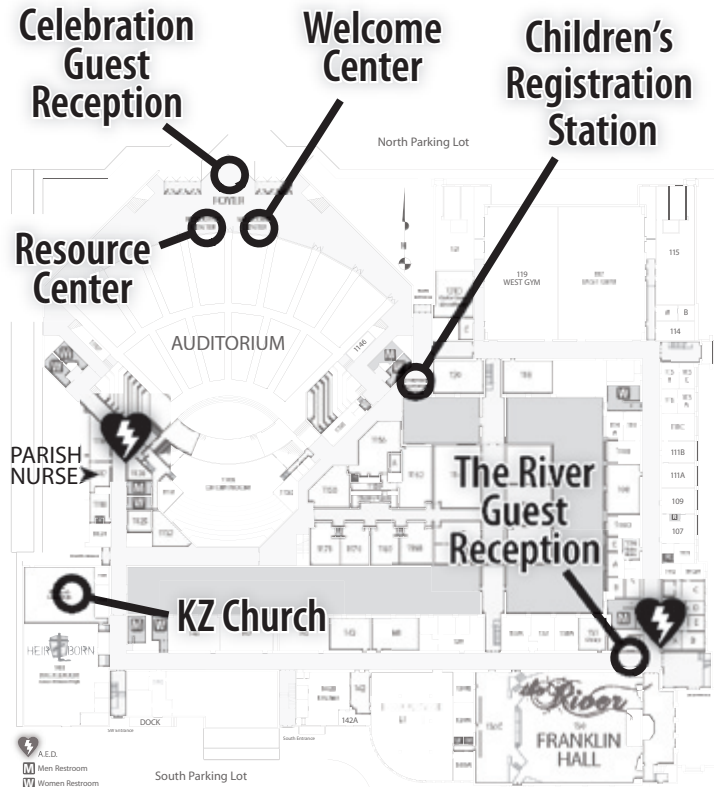
Xtreme AM (5th & 6th Grade)

Our preteens meet in their own Xtreme spot, Room 205, at 9:10 for a time of Xtreme learning, Xtreme prayer and Xtreme relationship-building.

Youth (Grade 7-12) & Adults

Groups for ADULTS begin at 9:10AM and 10:45AM. Stop by the Welcome Center (or see inside today's newspaper) to find out about each of the groups and how to get there.

Our YOUTH (Grade 7-12) meet at 9:10AM in the Backdoor (148).



Cellular Phones & Pagers

Thank you for turning off or muting your cell phone, pager and other electronic devices during this morning's worship service.

Assistive Listening Devices

ALS devices are available for check-out at the Resource Center in the foyer.

AED (Automated External Defibrillator)/First-aid



Facilities for guests needing first aid, health counseling, and blood pressure checks are provided by our Parish Nurses located in the west hallway in Room 1117, Sundays, 10:30AM-Noon.

Please contact an usher if you need immediate assistance.

Lost and Found

Lost items may be reported or claimed at the business office of the church during regular M-F office hours. Lost and found items are kept for 30 days.

Safety

First Federated Church regards your safety as our highest priority. If you have any concerns, please inform one of our ushers or staff. If a building emergency arises, directions will be provided over the public address system.

Recordings of Today's Message

CD recordings of the morning message can be picked up immediately following the service at the Resource Center in the foyer for \$3.

You can also listen to the message for free at www.FirstFederated.org.

Communion

We celebrate communion typically on a bi-monthly basis during the morning worship service or special event. We have an open table, meaning that if you have put your faith and trust in Jesus Christ, you are welcome to participate. Gluten-free communion wafers are available upon request.

MISSION ONE

Reaching others for Jesus Christ

Dan & Sylvia Rogers

Mission Board: Mission Aviation Fellowship

Location: Suriname

What do they do? As a missionary pilot/mechanic Dan provides safe transportation for missionaries, Christian workers, medical workers and patients in rain forest areas where there is no other means of transportation. The Rogers have served in Ecuador, Haiti, Honduras and now again in Suriname. For the next 6 months Dan will be helping to bring the maintenance on planes up to standards needed for safe flying. Sylvia, a gifted musician, teaches music and provides hospitality.



Praises:

- They have safely arrived in Suriname for the 4th time since 1983.
- Things are so familiar—even driving on the left side of the road.
- For worship in 3 languages in the local church.

Prayer Requests:

- For Dan as he heads up maintenance of the airplanes of SZV/MAF—for much wisdom and good decisions.
- For Richard, the mechanic for SZV to continue learning all he can about maintenance on the planes in order to keep them in better condition.
- Wisdom for a group of Suriname believers that make up the SZV/MAF board
- For Rick Emenaker, (manager/pilot), as he works with the board.
- For each of their four adult children.

Vic & Gwen

Nebraska/Closed Countries

What do they do? Vic and Gwen provide biblical training for Christians serving across cultures. They serve multiple agencies and organizations through workshop coordination, coaching and mentoring. They focus on working with emerging Asian organizations and facilitators as well as supporting established North American partner organizations working in the region. Due to the high cost of living in Asia they recently moved to NE and travel overseas to continue ministry.



Prayer Requests:

- For safe travel tomorrow from Asia to another continent to present a workshop for the next five days.
- For unity with other trainers.
- For meeting the needs of participants who are taking the course.
- For safe travel in returning to Nebraska.

- For working around their home (tackling some needed repairs) with son Nic.

Leroy & Debbie

Europe

What do they do? Leroy and Debbie are church planters in an area with a large population of Muslims and young people. Leroy is part of a pastoral team and is responsible for pastoral visits, preaching, leading prayer meetings, directing a house church, prison chaplaincy, as well as developing a project for starting a daughter church. Their team uses English and running clubs as a means of outreach.

Praises:

- For 100+ who showed up at their mission board's booth at Urbana asking about serving in Europe.
- More prisoners have come to know Jesus.

Prayer Requests:

- For each prisoner to grow in his faith; for Leroy to have adequate time for all the visits, studies, etc.
- For the growing number of followers of Islam in their country.
- Discernment and wisdom as Leroy visits North Africa in preparation for future ministry teams coming to their city.
- For the women Debbie is meeting with to mentor.

Ron & Erin

Asia

What do they do? Since 1989 Ron and Erin have ministered in a country where 95% of the nation's inhabitants have never heard the plan of salvation. They are translators, community development consultants and work on linguistic analysis, dictionary entry and material preparation. They also give orientation and guidance to a number of new teams in basic village entry, language and cultural learning.

Praises:

- They plan to participate in our Spring Mission Conference April 18-24.

Prayer Requests:

- For their time in the States as they help their 3 daughters make the transition to life away from home: For internship for E who graduates from university in May; Christian encouragement for H, a university sophomore; adjustment for E, a university freshman.
- For Ron and Erin as they prepare materials for the T people.
- That the T people would grow in hunger for the Lord.
- For several T people to want to devote time and energies to translation of the Word.

PRAY FOR ONE ANOTHER

The contents of this page have been removed to protect the privacy of those in our congregation.

Printed copies of this page can be obtained at the church.

Items found on this page include:

Pray for Those Who Grieve

Happy Birthday!

(Birthdays are listed for Federated members & missionaries)

Pray for those with Physical Needs

(In the Hospital, Upcoming Surgery/Procedures, Partial List of the Ongoing Needs of Our Members & Regular Attenders)

Pray for Those Who Serve our Church

Our Encouragement

*“For to me, to live is
Christ, and to die is gain.”*

Philippians 1:21





Hangtimes

Feb 7—Superbowl party—White home
Feb 14—None, hang with your families
Feb 21—Widow/Widower banquet
Feb 28—Home Hangtime TBA

7th–12th Grades

TODAY

Join us at the White home for a superbowl party!

Upcoming Deadlines:

* Ignite Conference (Mar 12-13)—Register by Jan 31st to save \$10 on your conference fees.

THIS WEEK

Dodgeball

Monday | 6:30–8:00PM | West Gym

Wednesday Nights 6:30–8:00PM | Backdoor

Sunday Mornings 9:10–10:25AM | Backdoor

In February

Widow / Widower Banquet Feb. 21 | 12PM

Located in the Backdoor. Featuring music from the 50's– 60's Find a Karaoke download or CD. Non-singing teens are needed to serve tables. The Bible makes it clear to minister to orphans and widows, so this is a perfect opportunity! See Howie for song suggestions! Parents sing too! (JH, SH) Look for an opportunity to take the songs we are singing to Calvin Community as well!

Acquire the Fire Feb. 26–27

This year we (teens and adults from FFC) are going to serve the event rather than attend it.

- 1) Those 17 and over can help run merch. tables, security, or be an usher! You can register to be a volunteer through this web link: <http://www.acquirethefire.com/index.cfm/PageID/2449>
- 2) You might help provide housing for the event staff. We are looking to house approximately 10 guys and 10 gals. If you could house a couple of staff members in your home, please contact either Pastor Howie or Nikki in the youth office.
- 3) Those wanting to raise funds for upcoming mission trips may wish to serve in our 2nd annual concessions fundraiser. We will need close to 50 volunteers for this alone.
- 4) You can stay and help clean up the pews after the event is over – 2 volunteers to clean each section (50 total needed)
- 5) The final way in which you can help is to potentially be a runner or VIP runner for event staff. Contact Howie or Nikki if you are interested here as well. Come serve this awesome youth conference. FYI: We WILL attend the IGNITE conference in March. (JH, SH)

Spare Change?

All this semester, students will raise money through saving their own spare change to go toward awesome ministries. The Junior High will raise money to provide beds for the world's orphaned and abandoned children through the ministry Sweet Sleep (www.sweetsleep.org). The Senior High will be raising money to provide shoes for those in need worldwide through the ministry Soles 4 Souls (<http://www.soles4souls.org/>). If you would like to contribute toward their efforts, please contact Pastor Howie 255.2122.

URBAN PLUNGE TESTIMONY

Urban Plunge was one of the greatest eye-opening experiences I have ever encountered in my life. Many things had really great impact on me and I will hold these lessons close hopefully forever. One of the biggest things I learned was to love UN-CONDITIONALLY. It has always been so easy for me to judge people and determine whether they deserve a certain amount of love. But who am I to judge? My job is not to hand out helpings of love only to those who I think deserve it, but everyone, no matter what they've gotten themselves into. Also, I learned a little bit more about giving. One of the homeless men we met, who lived in a shack down by the river, acquired over \$20,000 while he was homeless. He could have used that money for down payment on an apartment or anything, but he gave it all away to people he thought were in need. A homeless man, with NOTHING gives away 20 grand, while I'm usually not too happy with letting a friend borrow 20 dollars for gas or something. I need to appreciate what I have and give all I can give. Thank the Lord for everything he has blessed us with and I pray that he can continue to help us desire to love all. Nate Kamerick





CHILDREN'S MINISTRY

KZ Church Sunday Mornings 10:45-12:00PM

Jesus didn't wait until he was grown up to serve God! He started serving God when He was a kid, just like me! Today we learned that we don't have to grow up to start serving God. We talked about things we can do to serve others and make God happy. Don't forget to fill out this week's word scramble and return it to KZ Church next week for a Big City \$!



Today's Knot of the Week:

I do NOT have to grow up to serve God.



Today's Shout it Out:

Kids can serve God too.



No Boys Allowed!

We will be having a **GIRLS ONLY** party for all K-4th grade girls in the KZ Church room on Saturday, February 13, 9:00-11:00am. Feel free to wear your favorite jammies and come ready for a morning of girly fun! Crafts, nail painting, hair styling, and refreshments included. Free! Please RSVP by Tuesday, February 9 to Mrs. Tilton in person or via email. ltilton@firstfederated.org. (BOYS event coming soon!)

Wednesday Night 6:30-8:00PM

Puggles—age 2 by 9-15-09

Cubbies—preschoolers ages 3 & 4 by 9-15-09

Sparks—K-2nd Grade

T & T—3rd & 4th Grade



New Arrivals

These children really are great and grand...great-grandchildren, that is!

Levi Jeffrey Hamel, the great-grandson of Mike and Jan McCourt, was born on January 16 in Minneapolis, Minnesota.

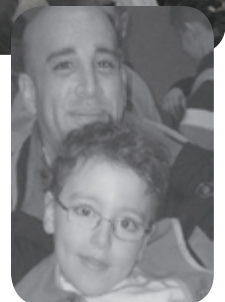
Julia Aleece Hohnstreiter, the great-granddaughter of Dale and Marilyn Ogle, was born on January 27 in Austin, Texas.

Welcome to our extended Federated family, little ones!



Pops' Night

If it looked like some of our AWANA clubbers were older (and bigger) than usual on a recent Wednesday night, you're right! Lots of dads, uncles, and grandpas experienced AWANA with their kids on Pops' Night. During Council Time, Gregg Stearns challenged the pops regarding the things children need most from their dads. Then there were plenty of "pop" prizes like Corn Pops, popcorn and Dad's Root Beer, followed by games with the dads and handbook time.



Host Families Needed!

The Drake University International Student American Family Friendship Ministry provides a way for international students to connect with and become friends with an American family during the student's time in the United States. The friendship program is unique in that the students do not live with their American family.

Many of the students return to their countries after their time in the U.S. and become leaders in their fields of study.

The friendship program is extremely flexible in that you choose the level of commitment that you are willing to make (we suggest you get together at least once a month) and you choose the activities to participate in with your student (dinner, games, shopping, movies, travel, video games, crafting, scrapbooking etc). Your student will be incredibly thankful for whatever you can do.

Each student is made in God's image and He loves them. It is our wonderful privilege to convey that message by letting them see Jesus in us as we embrace them, include them in our families and allow them into our lives.

We currently have 16 boys and 2 girls in need of a Host Family. If you are interested in investing in the life of an international student, please contact Dan and Amy Stout at 419.5584 or Brightencorner@hotmail.com

2010 Board Election

The elected officers of First Federated Church include ELDERS, DEACONS and DEACONESSES. These officers are elected annually by the congregation on the last Sunday in February, with this year's vote being on February 28. Tables will be open from 8:55AM-9:40AM in the Auditorium Foyer, 9:00AM-11:00AM in the nursery hallway and from 10:30AM-12:15PM outside Franklin Hall. Members may vote "YES" or "NO" on up to 4 Deacons and 5 Elders with nominees receiving more "YES" than "NO" votes elected to serve. No Deaconess nominees will appear on the ballot as none of the women contacted accepted nomination. We strongly encourage all members to participate even though there is a small slate of nominees. Should you know that you will be unable to attend the morning of the 28th, you may vote by absentee ballot in the church office February 22 through February 26 from 8:30AM-5:00PM. Those voting absentee should put their completed ballot in an envelope, seal it, and sign the envelope so your name can be recorded on the membership list as having voted. All voting closes at 12:15PM on February 28.

HUB Helps at Hope Ministries

Toward the end of January, the HUB spent a Saturday working with Hope Ministries. It was a full day of sharing the love of Jesus with the "least of these" by giving food, socks, and prayers to men and women living in tent camps and also by sorting and organizing furniture and clothing donations at the Hope Bargain Center.



GOD USES ORDINARY PEOPLE



Help for Haiti

You may contribute to HCJB Global emergency medical response teams that are in Haiti right now working with Samaritan's Purse at the Haiti Baptist Mission Hospital. Make check payable to FFC, designate Haiti on the envelope and submit through February 14. Your gift will help not only to bring medical help but our doctors and nurses are believers who will be sharing Christ's love. If you have questions, contact John Porter.

You can read the latest news about the medical team by visiting <http://www.hcjb.org/HCJB-Global-News/> or follow us at <http://www.twitter.com/hcjbglobal> for the most current news. We raised now over 5,000 dollars for Haiti this last month!

Hope Ministries

Serve Meals
Sort donations at Bargain Center
Mentor Homeless Men, women and families

Contact: Mary at 265-7272

Refugee Services

Teach English classes
Provide Childcare during classes
Sort donations
Apartment set ups

Contact: Dawn at 271-7383 or dawn.elliott@lsiowa.org

Shoveling

Serve some of our elderly and homebound with periodic snow removal. Contact: John Porter at 255.2122

Financial Report

Attendance 1/31/10

9:10AM Celebration.....	373
10:45AM River.....	397
Early Childhood.....	61
Children's Church.....	59

Budgeted Missions

Year to Date: 9/1/09-present	
Need.....	\$118,624
Offering.....	\$107,187
Shortage.....	(\$11,437)

General Fund Offering

Last Week	
Weekly Need.....	\$31,932
Offering.....	\$20,979
Shortage.....	(\$ 11,437)
Year to Date: 9/1/09-present	
Need.....	\$697,504
Offering.....	\$650,254
Shortage.....	(\$ 47,250)

BETH MOORE WINTER STUDY

Our new Beth Moore winter study will be *A Beautiful Mind*. It's a departure from the book studies as each session is self-contained and does not require any homework. Since we're having such a harsh winter season, we decided to go with this DVD study. It consists of 5 lessons and we'll have a discussion time after we view each session.



The topics are as follows:

- Session 1 "Pressing past our fears"
- Session 2 "Overcoming insecurity"
- Session 3 "Claiming your right to a sound mind"
- Session 4 "The jars of life: what's in yours"
- Session 5 "The captivity of activity"

We'll still start at the same time but the sessions may not run a full 2 hrs. We'll still be meeting in Room 108. If you will need childcare, you need to contact Pat Anderson at 255-2122 Ex. 129 by Feb. 15 so we can arrange nursery workers.

Women's Association Circle Meetings

- Deborah Circle**.....Tuesday, February 9 | 7:00PM
FFC Room 139, contact Diana Philpott, 263.0028
- Elizabeth Circle**..... Thursday, February 11 | 12:30PM
Jan Short, 12447 Douglas Pkwy, Urb, 249.5961
- Esther Circle**.....Thursday, February 11 | 7:00PM
Karen Troester, 2100 Beaver Ave., 277.0702
- Hannah Circle**..... Thursday, February 11 | 9:30AM
FFC Library, Norma Harger, 279.4648
- Lydia Circle**..... Wednesday, February 10 | 6:30PM
Room 1240/41 (Cornerstone Classroom),
for info. call Linda Hotchkiss, 264.9963
- Martha Circle**..... Thursday, February 11 | 12:30PM
FFC Room 139, Margaret Welder, 515.795.2527
- Ruth Circle**..... Thursday, February 11 | 9:30AM
Harriet Labertew, 3227 68th St., Urb., 276.1980
- Sarah Circle**..... Thursday, February 11 | 12:30PM
Carol Ginder, 1446 NW 92nd St., Clive,

CONNECT PEOPLE

Sunday Mornings Adult Bible Fellowship (ABFs)

Once you've joined us in worship, our Adult Bible Fellowships are a great next step to connect with others and grow in your faith. We have a variety of opportunities available that include:

Sundays | 8:00–9:00AM

Women (all ages) | Room 208

Men (all ages) | Room 210

Sundays | 9:10–10:25AM

The HUB (ages 18-26) | Room 244

Renew (The Channel/Connections) (ages 25–35) | Room 1254–55

Homebuilders (all ages) | Room 1250–1251

Prayer (all ages) | Room 100

Job's Garage (all ages, men) | Room 131 (Library)

Hot coffee, donuts and good conversation.

Topic: 1 Corinthians

Questions? Brian at 208-0412

Sundays | 10:45AM–Noon

Cornerstone (born in the 1950s) | Room 1240–1241

Galilean (born in the 1930s) | Room 1244–1247

Immanuel (born in the 1930s) | Room 1105

Friendly Fellowship (born in the 1920s) | Room 120

Ezra (all ages) | Room 1118

Homebuilders (all ages) | Room 1250–1251

Prayer (all ages) | Room 100

Analysis of Prophecy (all ages) | Room 1238–1239

Reflections (Worship) | Room 1116

Women (all ages) | Room 208

Monday

Men's Basketball

Tues. Feb. 9 6:30 P.M. Rockets - Lakers

8:00 P.M. Bulls - Celtics

Tuesdays

Ladies: Women in the Word | 9:00–11:00AM | Rooms 100 and 131 (Library)

MOPS (Mothers of Preschoolers) Second & fourth Tuesdays
9:00–11:00AM | Fellowship Hall

Wednesdays

For All—Prayer Community

Ongoing | 6:30–8:00PM | Room 1244–47 |

Facilitator: Pastor Mike Rose

Card Ministry | 1:00–4:00PM | Room 139

Fridays

Men's Prayer Meeting | Friday Mornings | 8:30–9:30AM | Room 100

HUB Bible Studies Young adult singles ages 18–26

Study of Romans

Thursday morning | 11AM | HUB Room 244

Thursday evening | 7PM | HUB Room 244

HUB Women's Bible Study

Saturdays | 12:00PM | HUB Room 244

WEEKLY NEWSPAPER

Regular Submission Deadline: Tuesdays by noon

We prefer that items be submitted electronically!

E-Mail: NEWSPAPER@FirstFederated.org

All submitted items are subject to submission guidelines and editorial review by the church staff. FFC reserves the right to edit submissions for length.

Disclaimer:

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Newspaper Staff:

- Managing EditorDustin Dammitz
- Production ArtistLynne McKee, Heidi Nelson
- Missions Editor.....Jean Crabbs
- Prayer Bulletin EditorJulie Denger
- PrintingKarl Johnson
- Folding, Cutting, & Distribution Robert W. Marean & Bob Hulling

OTHER NEWS



Stephen Ministry

Pray for the 12 people who are currently being trained as Stephen Ministers here at FFC. Pray for Sharon Johnson, Marabel Kersey and John Porter as they facilitate this training. They are the current Stephen Leaders here at FFC. The training lasts about

20 weeks and prepares the Ministers to be able to deal with many different issues everyone struggles with sometime in their lives.

These are some of the topics we are studying in our training:

- The Art of Listening
- Distinctively Christian Caring
- Process versus Results
- Assertiveness-Relating gently and firmly
- Maintaining Boundaries

Pray for all being trained, and for the Spirit to use this ministry in many peoples' lives in the future.

Iowa Right to Life Book Sale

Iowa Right to Life is gearing up for their seventh book sale March 24-29 (closed Sunday). They are in urgent need of books of all kinds, DVD's, puzzles and games.

Please take donations to their warehouse at 1500 Illinois Avenue, Monday -Friday, 9-5, or Saturday by appointment. You can also drop them off on Sundays at the Mission Desk in the foyer. Call 244.1012 for more information or visit their website at www.iowa@iowaRTL.org. iowaRTL.org Contact person: Rhonda Phillips at Rhonda@iowaRTL.org or (515).205.8024.

You can bring books to the church in boxes, marked for IRTL sale. On Sundays at Missions Table or at Information Desk.

Sympathy

Our sympathy is extended to those in our church family who have lost a loved one recently

Dick Wilderman - death of his brother-in-law, Larry Allen, on January 20.

Thank You

I'd like to thank everyone for their prayers, cards and concern for me when I was in the hospital. You're a very special family to me. God bless you all! ~ *Bob Marean*

I want to thank so many for your continued prayers on behalf of my Mom, Gerdena, who currently is in a rehab center to build up her strength; as well as your prayers for my brother, Dave, undergoing year-long treatments for melanoma and currently suffering through many side-effects of the treatments. Your prayers, cards and words of encouragement mean so much to me and my family. ~ *Jan Mudderman*

60th Wedding Anniversary

The family of Dick and Etta Dorrell invites the FFC family to the celebration of their 60th wedding anniversary, Saturday, February 13, 2:00-4:00PM in Fellowship Hall. Cards, but no gifts please.



Mission Sewing

Mission sewing is moving to room 118, a large room with tables for sewing machines, cutting, and sorting. Bring your lunch and stay for the day or come for just a few hours. Stay for supper and Wednesday evening activities.

We will be meeting the first and third Wednesdays of every month. Hours 9am til 4pm.

If you don't sew, come and help in so many other ways. If you knit or crochet, we could really use some help making different projects for missions in Africa and Des Moines. Yarn is furnished and there is a good selection.

For more information call Joanne Zunkel at 270-2521.

UPCOMING EVENTS

Wednesday Night Meal

Fellowship Hall | 5-6:15PM

Children (age 2-12) \$2 | Adults \$3 | Family \$10

Make reservations on the Care & Communication Card or call the church office before noon on Mondays

February 10: Meatloaf, Cheesy Potatoes, Corn, Roll, Cookie

February

- 14 Valentine's Day Celebration
- 16 60+ Luncheon
- 19 3rd Friday Game Night
- 21 Widows' Banquet
- 25 Beth Moore Resumes
- 26-27 Acquire the Fire
- 28 FFC Board Elections

March

- 14 Daylight Savings Time Begins
- 16 60+ Luncheon
- 17 Spring Break (no Weds PM activities)
- 19 3rd Friday Game Night
- 20 Men's Wild Game Feed
- 24-29 IRL Spring Book Sale (KJJY Event Center @7 Flags)

April

- 1 Iowa Prayer Breakfast
- 4 Easter Sunday
- 9 Casting Crowns Concert
- 16 3rd Friday Game Night
- 17 CEF Dessert Banquet with Senator Grassley
- 18-24 Mission Conference
- 20 60+ Luncheon
- 22 Women's Association Birthday Party
- 28 Awana Awards Night