

Welcome Guests!

Please see page two for important information about today's service and how to get the most out of your visit with us.



FIRST

FEDERATED

CHURCH

4801 FRANKLIN AVENUE DES MOINES, IOWA 50310 515.255.2122 WWW.FIRSTFEDERATED.ORG



Created for Relationship

By Joe Lightfoot, Pastor of Adult Ministries

Two Academy Award nominations and more than \$125 million in ticket sales give an indication of the popularity of the movie "Castaway," which premiered in December 2000.

However, my mother was not tremendously excited after seeing the movie. In fact her take was "What a waste of time, watching him talk to a volleyball for three hours!"

For those who have not seen the movie, Tom Hanks is an executive for an express shipping company. On a flight to Russia where he is establishing a shipping operation—his plane crashes and he becomes the sole survivor, cast away on a deserted island.

Facing loneliness, a failed suicide attempt, and frustration at his inability to cope with life alone on the island, circumstances lead to his creating a companion from a volleyball. Inadvertently placing his injured and bloody hand on the ball creates the faint image of a face, which becomes his new companion, Wilson, the volleyball.

While there isn't much action during that point in the movie, it is telling that creating a companion—even an inanimate one—is better than being alone. This is really no surprise. We are created with a desire—a need—for relationship. The Bible tells us, "It is not good for man to be alone." The immediate remedy is the creation of marriage. However the big idea is our need to share life in common.

We explore this issue as we continue to understand our strategic plan with a focus on our goal to **Connect People**.

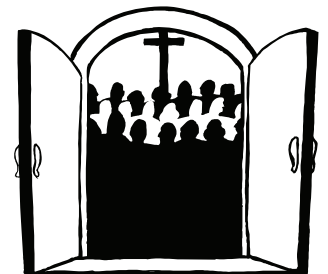
Congregational Meeting

Today | 6:00PM | Franklin Hall

Sunday, February 8 at 6PM, a congregational meeting will be held in Franklin Hall. The purpose of the meeting will be to take final action on the recommendation of the Elders and Pastor Mike to close the office of Deaconess and approve wording changes to the constitution that reflect the same.

During the meeting an update will be shared about the Elder and Deacon nomination process, as

well as a financial update, including the status of our debt. Scott Johnson, Elder Chair, and Tom Hefner, Business Administrator, will conduct the meeting.



Congregational MEETING

FFC Strategic Plan

The First Federated Church ministry strategy is to establish ways to help each of us love God, connect people, and serve people. Each of the three segments is described as:

- **Love God**—the goal is for each of us to develop a growing intimacy with God. Our desire is that each of us would continually increase or deepen our love for God, passion for Jesus and dependence on the Holy Spirit through inspiring worship and dynamic biblical teaching leading each of us to a greater depth of personal devotion.
- **Connect People**—uniting people in biblical community is the overall goal here. Our intent is to provide opportunities for all of us to develop increasingly deeper relationships that nurture our spiritual growth and our desire and capacity to serve needs outside of ourselves.
- **Serve People**—the goal is to engage each one of us in applying our spiritual gifts for serving others. Our focus here will be to encourage and assist each person to be socially responsible and evangelistically bold in the use of the time, talents and treasures God has entrusted to your care.

WELCOME TO FIRST FEDERATED CHURCH!

Thank you for choosing to worship with us this morning!

Have Questions?

If you have any questions, simply ask someone wearing a name tag with "Here to Help" on it or visit the Welcome Center in the foyer.

Guest Reception

If you are visiting with us for the first time or have just recently started attending First Federated Church, we cordially invite you to a reception in the foyer immediately following the service. We would love to have the opportunity to meet you, get to know you better, and answer any questions you may have.

Fill Out the Care & Communication Card

If you have never completed a Care and Communication Card, please take a moment to do so. This allows us, as a church family, to better know your needs and how we can serve you. The Care and Communication Card is located inside this newspaper. Just fill out the card completely and leave at the end of your pew, give to an usher, or hand it in at the Guest Reception.

Thank you for taking the time to visit First Federated Church. If you are not presently a member of a Bible teaching church, we invite you to join our church family.

If You Have Children Visit the Children's Ministry Registration Station

Trust your children to the care of our dedicated, loving Children's Ministry staff. Our children's programs provide quality care and learning for kids of all ages.

If your child has not already been enrolled in our Children's Ministry, a quick visit to the Children's Ministry Registration Station will provide you with temporary security tags and give us the information we need to effectively minister to your child.

Infants & Preschool Children

Childcare and teaching are available during the 9:15 hour and 10:45 worship services in the Nursery and Preschool Departments.

Kindergarten-4th Grade

During the 9:15 hour, **K-4th graders** meet in graded classroom groups for Bible learning and fun.

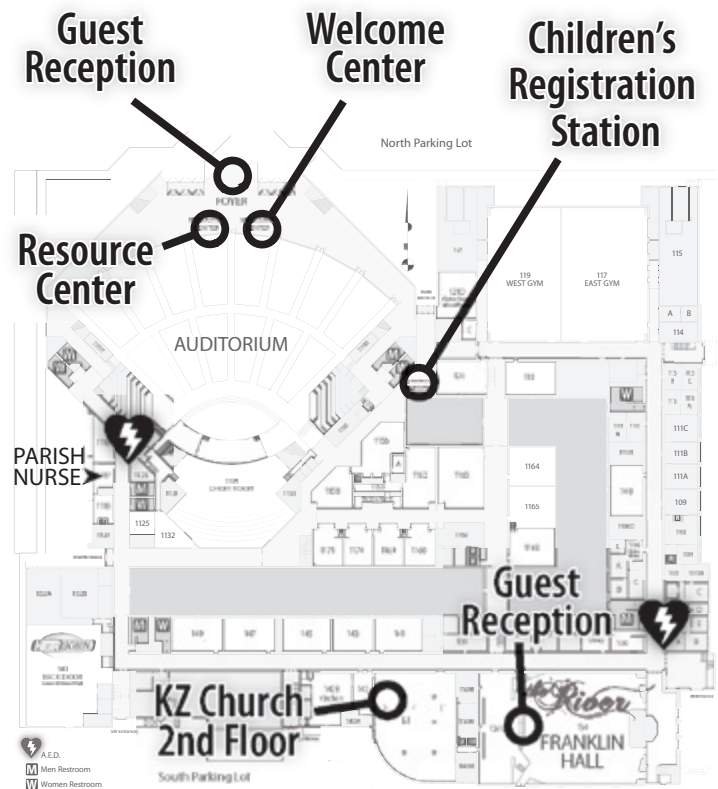
K-4th graders attend the first part of the 10:45 worship services with their families and then are dismissed to attend their own age-appropriate children's church, called KZ Church. Parents, we encourage you to go with your children the first time they visit KZ Church in Room 240.

Xtreme AM (5th & 6th Grade)

Our preteens meet in their own Xtreme spot, Room 205, at 9:15 for a time of Xtreme learning, Xtreme prayer and Xtreme relationship-building, then join their families for the 10:45 worship services.

Youth (Grade 7-12) & Adults

Groups for ADULTS and activities for **YOUTH** begin at 9:15AM. Stop by the Welcome Center to find out about each of the groups and how to get there.



Cellular Phones & Pagers

Thank you for turning off or muting your cell phone, pager and other electronic devices during this morning's worship service.

Assistive Listening Devices (Auditorium Only)

ALS devices are available for check-out at the Resource Center in the foyer.

AED (Automated External Defibrillator)/First-aid



Facilities for guests needing first aid, health counseling, and blood pressure checks are provided by our Parish Nurses located in the west hallway in Room 1117, Sundays, 10:30AM-Noon.

Please contact an usher if you need immediate assistance.

Lost and Found

Lost items may be reported or claimed at the main office of the church during regular M-F office hours. Lost and found items are kept for 30 days.

Safety

First Federated Church regards your safety as our highest priority. If you have any concerns, please inform one of our ushers or staff. If a building emergency arises, directions will be provided over the public address system.

Recordings of Today's Message

CD recordings of the morning message can be picked up immediately following the service at the Resource Center in the foyer for \$3.

You can also listen to the message for free at www.FirstFederated.org.

Prayer Team Up Front

If you would like to pray with someone today, please come to the front of the room following this morning's service. Members of our church leadership stand ready to serve you.

VOLUNTEER OPPORTUNITIES

Easter Choir Update!



By Michael Howland, Pastor of Youth Ministries, Worship Leader

Though it's early in the process, we are seeing a great response from people to signing up for this year's Easter choir.

Are you a current choir member or a potential new member interested in joining the choir for this year's Easter service but have not yet signed up at the choir table in the foyer? If so, please sign up soon (hopefully today!) so we can plan accordingly.

Rehearsals will begin Sunday, March 1 at 2:00PM and continue each Sunday afternoon through April 5. The full FFC choir



will be singing 4 songs so we will have time to learn them well. Since we will be using sheet music, no memorization will be necessary.

Please come back to the choir table in the auditorium foyer after morning services for additional information and to sign up. You can also

email Deb Boscaljon at DBoscaljon@FirstFederated.org with any questions that you may have.

Rehearsal Shedule:

Sundays | 2:00-3:30PM | March 1-April 5

2-3 optional Wednesday evening "sectional"rehearsals, TBD

Technical Rehearsal: Saturday, April 11

Presentation: Easter Sunday Morning, April 12

We continue to be excited about what God is doing in this body and look forward to seeing how He will bring this special service together.

WEEKLY NEWSPAPER

Regular Submission Deadline: Tuesdays by noon

We prefer that items be submitted electronically!

E-Mail: NEWSPAPER@FirstFederated.org

All submitted items are subject to submission guidelines and editorial review by the church staff. FFC reserves the right to edit submissions for length.

Disclaimer:

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FFC Instrumental Ensemble

The FFC music ensemble began practice for the 2009 season the first week of February. We are looking for more musicians to join us and especially looking for string instruments such as violin, viola and cello. We also have room for another flute and possibly an oboe player. We performed about 25 times as a group last year, not only here at FFC, but also at nursing homes, malls, coffee shops, IMMC and ILH hospitals, private parties and bookstores. We would like to continue practicing and performing classical and Christian music throughout the year in many different venues this year as well. We have selected a wide range of music to begin practicing and are inviting you to give us a try. There is no fee to join and practices will be once every two weeks at FFC on Thursday evenings, 7-9PM. At many of our performances we look to incorporate scripture reading, testimonials, historical stories and maybe work in some singing as well. This will be a fun way to share Christ with the community. If you are interested you can talk to Dave Blake (the cello guy) in church, call me at 270.9722 or write me at Blakede@ihs.org.

Host Families Needed!

"And of some... Have compassion making a difference" Jude 1:22

The Drake University International Student American Family Friendship Ministry provides a way for international students to connect with and become friends with an American family during the student's time in the United States. The friendship program is unique in that the students do not live with their American family.

While the program is officially non-faith based, our goal is to recruit as many individuals, couples and families to be host families from Bible-believing churches (before recruiting from alternate sources) to ensure that each student has an opportunity to see and experience the love of Jesus through their host family and, hopefully, desire to have Jesus as a part of their life as well.

Many of the students return to their countries after their time in the U.S. and become leaders in their fields of study. What an opportunity we have to reach the lost in foreign countries from our own homes here in the U.S.A

The friendship program is extremely flexible in that you choose the level of commitment that you are willing to make and you choose the activities to participate in with your student. Your student will be incredibly thankful for whatever you can do.

Each student is made in God's image and He loves them. It is our wonderful privilege to convey that message by letting them see Jesus in us as we embrace them, include them in our families and allow them into our lives.

We currently have 14 students in need of a host family. If you are interested in investing in the life of an international student, please contact Dan and Amy Stout at 265.7741 or Brighten-corner@hotmail.com

ADULT GROUPS

Real Questions, Real People about Alpha

What is Alpha? Alpha is a 10-week, practical introduction to the Christian faith. It is designed for those who want to explore Christianity in a setting that is designed to help you find answers to the big questions of life.

The Alpha course is a special “meet-you-where-you-are” experience. Adults of any age or background can benefit from this encouraging and engaging program. It’s a lot like dinner and a movie with friends.

Alpha is a great way to bring friends and family to the Lord—come along to the course with them! Your journey through Alpha is sure to be rewarding.

Each week a different topic is presented in an informal and friendly atmosphere where you may simply absorb information or actively participate in a discussion about the topic of the evening. Some topics include: Who is Jesus? Why did Jesus die? How can I be sure of my faith?

What happens during the Alpha course? Alpha begins at 6:00 p.m. with a meal so you can come right after work and dig into the food and fun. After dinner there is a short video and then a small group discussion related to a topic like those mentioned above. Again, you can participate at your own comfort level. No one will call on you to answer questions, but if you have questions about the topic, this is a prime time and place to ask them.

What do others say about Alpha?

Chuck & Edith Underwood attended the course recently. Chuck, an FFC Elder, commented:

“In our opinion, Alpha is one of the most effective means of ushering a new believer into the body of Christ through the local church. We would recommend it for any person—believer and non-believer, young and old alike. We were blessed to see a person come to faith in Christ in the session we attended.”



You can bring a friend to the next session!

Beginning Monday
February 23 | 6:00PM
FFC Backdoor
Register in the Foyer



Beth Moore classes resume.....

Thursdays | Feb. 19–April 2 | Room 108
9:10–11:10AM | Catherine Erickson
6:30–8:00PM | Vickie Blair

Childcare is available for the morning class.

This session we’ll be studying Beth’s “*Stepping up - a journey through the Psalms of Ascent*”.

In the words of Eugene Peterson (The Message) “There is no literature in all the world that is more true to life and more honest than Psalms, for here we have warts-and-all religion. Every skeptical thought, every disappointing venture, every pain, every despair that we can face is lived through and integrated into a personal, saving relationship with God – a relationship that also has in it acts of praise, blessing, peace, security, trust and love.”

Register today and next Sunday in the foyer and pick up your workbook (\$15).

Sunday Mornings | 9:15–10:30AM

Adult Bible Fellowship (ABFs)

Once you’ve joined us in worship, our Adult Bible Fellowships are a great next step to connect with others and grow in your faith. We have a variety of opportunities available that include:

The HUB (ages 18-24) | Room 244

The Channel (ages 25–35) | Room 149

Connections (born in the 1970s) | Room 215

Homebuilders (born in the 1960s) | Room 1250–1251

Cornerstone (born in the 1950s) | Room 1240–1241

Koinonia (all ages) | Room 1252–1253

Ezra (all ages) | Room 1118

Galilean (born in the 1930s) | Room 1244–1247

Immanuel (born in the 1930s) | Room 1105

Friendly Fellowship (born in the 1920s) | Room 1254–1255

W.H.O. (born before the 1920s) | Room 1116

Women (all ages) | Room 208

Men (all ages) | Room 210

Worship | Room 1125

Prayer (all ages) | Room 100

Ecclesiastes (all ages) | Room 1238–1239

Other Groups

Experience, investigate, build and grow in your faith. We have opportunities available during the week that include:

Women in the Word

Life Principles from the New Testament Men of Faith

Tuesdays | January 6–April | 9:00–11:00AM | Rm 100 & 131 (Library)

MOPS—Mothers of Pre-Schoolers

Second and fourth Tuesday of each month | 9:00–11:00AM | Fellowship Hall
\$6 per meeting | Facilitators: Miriam Hager, 251.6964, & Lisa Rhodes, 274.0832

Wednesdays | 6:30–8:00PM

Join us in prayer, fellowship and fun as we connect with others and grow in our faith. We have a variety of opportunities available that include:

For All—Prayer Community

Ongoing | Rm 1244–1247 | Facilitator: Pastor Mike Rose

For All—Developing Your Bible Study Skills

Started January 21 | Rm 1238 | Facilitator: Joe Lightfoot

For Moms—Moms’ Prayer Group

Ongoing | 5:30–6:15PM | Rm 100

For Women—Living in Love with Jesus

Started January 21 | 6:30–8PM | Rm 100 | Facilitator: Sharon Johnson

For Men—Winning at Work & Home

Ongoing | Rm 1252–53 | Facilitator: Aaron Baugher

For Men—Quest for Authentic Manhood

Ongoing | Rm 1250–51 | Facilitator: Allen Peterson

Card Ministry

Ongoing | 1:00–3:00PM | Rm 139 | Facilitator: Carol Fugere

PRAY FOR ONE ANOTHER

The contents of this page have been removed to protect the privacy of those in our congregation.

Printed copies of this page can be obtained at the church.

Items found on this page include:

Pray for Those Who Grieve

Happy Birthday!

(Birthdays are listed for Federated members & missionaries)

Pray for those with Physical Needs

(In the Hospital, Upcoming Surgery/Procedures, Partial List of the Ongoing Needs of Our Members & Regular Attenders)

Pray for Those Who Serve our Church

Our Encouragement

*“For to me, to live is
Christ, and to die is gain.”
Philippians 1:21*



MISSION ONE

Reaching others for Jesus Christ

Focus on: The City of Abu Dhabi, United Arab Emirates

“The origins of the first inhabitants of Abu Dhabi were bedu (nomads) of the Bani Yas Tribe. As young people put aside the culture of their fathers, PRAY that this void would not be filled with secular materialism, but by a hunger for God and His truth.

“As the modern city of Abu Dhabi continues to grow, new high-rise apartments and offices replace decaying 1960’s compound homes built with the first oil revenues. As the city renews itself constantly, its inhabitants face all the issues of congestion present in any large city. The lonely, the needy, and the trapped are all ready to hear good news. PRAY for open eyes to see these needs and for compassionate hearts for those Christians working in this city.

“Abu Dhabi, before the advent of oil, was a small fishing village on an island whose shallow crossing was guarded by a watchtower. Now a large modern city with outstanding architecture, Abu Dhabi is the political and financial center for the Emirates. The pre-eminence of this city and its role in the UAE brings with it responsibility both to the federation and to the entire Arabian Gulf region. PRAY that decision-makers in the capital will be wise and compassionate stewards of this influence and authority. May Christians they meet be faithful role models, influential work colleagues, and examples of Christ.

Quoted from *Praying Through the Arabian Peninsula II*

Paul & Violette Bridgman

Mission Board: TEAM

Location: Akaiwa, Japan

What do they do? The Bridgmans serve as church planters having established Sanyo Grace Church. They reach out through evangelistic meetings, a ground golf club, English classes, American culture, Bible and cooking classes. Paul, the son of missionary parents, was born and raised in Japan. Son, Jeffrey, is a student at Arkansas Tech University and Kevin is in high school at Christian Academy in Tokyo.



Prayer Requests:

- For God’s guidance and unity in decisions for their congregation; for financial resources for building their new church.
- For fruit from Violette’s evangelistic Bible study; Paul’s outreach as president of the neighborhood community.
- For their sons Jeffrey, (3rd year at Arkansas Tech) and Kevin, (senior at Christian Academy in Japan) to finish well; clear guidance for their future.
- For someone to cover for them for their one-year home assignment beginning in July.

Jeff & Carolyn Anderson

Mission Board: New Life

Location: Santander, Spain

What do they do? Jeff &

Carolyn are co-directors of La Industria, a 9-month discipleship program

offered to Spanish youth on the northern coast of Spain to strengthen and develop leadership. In Contra Corriente the goal is to motivate through events that challenge young people to fully abandon their lives to God. Carolyn went on many FFC mission trips as a teen. She is the daughter of Mike and Jan McCourt.



Praise:

- For the high school students and teachers who attended and enjoyed “Atrevete” (Dare Yourself) production.

Prayer Requests:

- For spiritual and artistic direction as they prepare for the production “Cerca” (Near), designed for young Christians.
- That God will continue to speak to the students through their classes, discipleship and free time. May God reveal more of His character and purposes to them.
- For the Kilford family: Luke (baby in ICU), and his parents Darren and Maria.
- That God would help them find an appropriate warehouse to purchase; for funds needed.
- For their events diary from now to June, the organization of events for Christian youth and evangelism.

Mike & Sue, One Son

Closed Country

What do they do? Mike and Sue serve as church planters primarily among Muslims in West Africa. God has opened many doors to mentor faithful, available and teachable leaders. Mike and Sue establish seekers’ Bible studies and develop new websites to evangelize and mentor nationals in their home countries. They are in the process of moving to another location, having served their present area since 1990.

Praises:

- They have moved out of their home, said good-bye to their many friends; sold their car, motorcycle, etc.
- For the opportunity to serve in North Africa.

Prayer Requests:

- For grace and mercy as they travel many thousands of miles over the next four months (overseas as well as in the States.)
- For their plans to participate in our Missions Conference April 19-25, 2009.
- For necessary adjustments for their new ministry in North Africa.



7th-12th Grades

Hangtimes

Feb 8—Heirborn vs. Hub Dodgeball
 Feb 15—None. Hang with your family
 Feb 22—Bigger Better Night

Today:

Heirborn vs. Hub Dodgeball

Have You?

The clock is ticking for those of you who have NOT done the following:

- Turned in your money for Acquire the Fire

Acquire the Fire Opportunities

Acquire The Fire still needs homes for 10 more students. We need folks who are willing to host Acquire the Fire event staff members, Friday night, Feb. 20 (approx. 2 per home). Staff would be pickup up on Friday at 10:30PM and dropped off back at FFC no later than 6:45AM Saturday morning. You would provide housing, breakfast, shower and a transportation from the church and back to the church as stated earlier.

As a former college student who was blessed by many host homes, I can tell you that the best part of the deal is being able to fellowship together, learn about what Christ is doing in their lives and sharing in their ministry. For some—we will actually need housing to be extended to Saturday as well. (1:00AM pick-up time from the church as the staff are pack up the event).

Adults have ask how they could help for the event itself. We are in need of “runners” and VIP runners for the event. Those who are willing to serve in this way will be asked to either go on runs for various needs throughout the weekend (even Thursday as they set up) or pick up VIP guests (like the speakers and singers) from the airport. If you could commit to helping either Thursday, Friday or Saturday and could remain flexible, this would be a great help.

For more info on Acquire the Fire go to www.acquirethefire.com (they are sponsored by Teen Mania Ministries) Let Howie know if you are able to help.

What’s Going On?

Dodge Ball Mondays | 6:30–8:00PM

For Moms—Moms’ Prayer Group

Wednesdays | 5:30–6:15PM | RM 131 (Library)
 Facilitators: Lori Blake & Julie Harper

If you are a mother of a senior / junior high youth, this is a wonderful opportunity for you to get together with other moms for encouragement and to pray for our youth. Pick up a meal in Fellowship Hall and join us in prayer.

In February

Manners-Chivalry THE BIG DATE Friday, Feb 13 | 4:45PM

One Night Only. This is going to be an incredibly big group date! Each of you will get a job description. Guys and girls will be randomly paired up. Our mission: to teach manners, chivalry, and dating do’s and don’ts. We will be having dinner at China One International Buffet. Cost \$12 per person.

Widow/Widower Banquet Sunday, Feb 15 | 12PM | Backdoor

Our yearly tradition is back! This time with a Broadway theme! Find a karaoke download or cd to perform. Non-singing teens are needed to serve our widows and widowers. The Bible makes it clear to minister to orphans and widows, so this is a perfect opportunity! See Howie if you need song suggestions. (JH, SH)

Acquire the Fire Feb. 20-21

It’s coming to First Federated this year!!! Come hear awesome bands Kutless, Building 429, Everyday Sunday, and Phil Joel leading worship. Not to mention the amazing speakers: Joel Johnson, Casey Johnson and Ron Luce! Cost: \$63. Reserve your tickets now! (JH, SH)

Faith and Family Night: Iowa Chops Friday, Feb 27 | 7PM

Iowa Chops host *Faith and Family Night*. Join the youth of FFC as we enjoy a great night of hockey. \$13 per person due by Feb. 18. (JH, SH)

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Deacon of the Month

Brent VanRoekel, 255.2122 ext 139

Our Deacons stand ready to help with the physical needs of the members and attenders of this fellowship. Should you have a short-term, emergency need, do not hesitate to call the church office and leave a message for the “Deacon of the Month.” This ministry is made possible by your gifts to the Deacons’ Fund.



Deaconess of the Month

Jan Mudderman | 277.2040

Our Deaconesses are available to the women of the church in areas of encouragement and spiritual support. If you need a listening ear and someone to pray with you, please call Jan.



CHILDREN'S MINISTRY



KZ Church

Change! Everyone thinks change is a great thing until it happens. Then it's not always so great! Even kids have a hard time with change and an even harder time when they don't know what the future holds. Today in KZ Church we talked about an Old Testament woman named Ruth and her adventures. She had many uncertain times in her life where she had to simply trust that God was with her and He was taking care of her. As teachers and parents, it's important that we help children develop an understanding that God is always present, loves us and wants what's best for us. See if your children can tell you

what Matthew 28:20 says. Also see if they can fill in the missing words of our daily mission: God is _____!

Ministry Opportunities

- Our Oakridge ministry is every Saturday, 11:00–noon. This is a good ministry experience for the whole family!
- Our Hillis after school Bible club is meeting every Tuesday, 3:20–4:30PM through March 10. This is a great hour of ministry too. We have MANY children and can always use extra help!

Give Sherri a call in the Children's Ministry office, 255.2122, to find out more.



We Love New Babies!

First Federated's Great Expectations Ministry team loves to pray for expectant parents and celebrate the birth of each Federated baby. If you are expecting a baby, the GEM ladies are ready to serve you! Please share your news with us by putting a note on your Care & Communication Card or by calling Mary in the Children's Ministry office at 255.2122.



AWANA

Hey, K-4th graders! Don't miss AWANA this Wednesday night. It's a Valentine's celebration and we just LLOOOVVVEEE having you with us!

A Valentine for...

According to the Greeting Card Association, an estimated one billion cards will be sent this Valentine's Day, making this the second largest card-sending holiday of the year. (Yes, Christmas is number one.) Preschoolers and elementary students will celebrate the day with parties and hand-decorated boxes filled with cards from classmates. Lovers will exchange cards, flowers, candy and carefully selected gifts. What a happy day!

Still, there are others for whom the day will be just another ordinary day, with no bright greetings or sweet treats to say "I love you" or "I care about you." Why not surprise someone with a valentine from you? Get out the paper, scissors, glue, crayons, (and, yes, even the glitter!) and make a unique valentine or choose one at the store and send it to an elderly friend, neighbor or relative.



Better yet, deliver it yourself with a hug and maybe even some homemade cookies. (YUM!) Share a little love. They'll be glad you did and so will you! Have a happy Valentine's Day!

Financial Report

Attendance 2/1/09

8:00AM	230
10:45AM	782

Budgeted Missions:

Year to Date: 9/1/08–present	
Need	\$119,308
Offering	\$104,035
Shortage	(\$15,273)

Mortgage

Current Balance	\$112,332
Next Payment February 25	

General Fund Offering

Last Week	
Weekly Need	\$34,419
Offering	\$41,898
Overage	\$7,479
Year to Date: 9/1/08–present	
Need	\$757,218
Offering	\$708,463
Shortage	(\$48,755)

Kindergarten Information Night at Mount Olive Lutheran School

Parents, you are invited to bring your 2009 kindergarten students to Kindergarten Information Night at Mount Olive Lutheran School on February 16, at 6:30PM. You will learn about the opportunities for Christian Education at Mount Olive Lutheran School and the children will have a mini session with Mrs. Stange, our Kindergarten teacher. Mount Olive is located at 5625 Franklin Avenue in Des Moines. The school has both National Lutheran School Accreditation and State of Iowa Accreditation. Call 277.247 for further information or to arrange a class visit when school is in session.

UPCOMING EVENTS

Wednesday Night Meal

Fellowship Hall | 5-6:15PM
 Children (age 2-12) \$2 | Adults \$3 | Family \$10
 Make reservations on the Care & Communication Card or call the church office before noon on Mondays.
Feb 11: Tacos, Corn, Fruit, Dessert

60 Plus Tuesday, February 17
 Program - 10:30AM | Lunch - 12:00PM | Fellowship Hall

After last month's meeting where we discussed Don Thompson's movie making, you indicated that you'd like to see his first movie. We have secured "Thief in the Night" and will be showing it for our February program. Since it will last more than an hour, we will be starting our program at 10:30 rather than 11:00. This is a very good movie that depicts the end times, and you'll not want to miss it. Be on time!

Our meal: Roast pork, scalloped potatoes, vegetable, apple-sauce, rolls and dessert. Cost: \$3 per person!

To make your reservation check the appropriate box on the Registration and Response card at church or call Colleen at the church office, 255.2122, no later than noon on Friday, February 12.



Book Sale Sponsored by Iowa Right to Life Committee
 March 25-30, 2009 (closed on Sunday) | 7 Flags Event Center

Spring is coming! What better time to clean out your basement and closets to donate books for a worthy cause?

Why? To raise money for pregnancy centers and maternity homes in Iowa and for education

Needs? All books in good condition, CDs, DVDs, VCR tapes, cassettes, records, games, puzzles, sheet music, cook books and volunteers

Where? Donations may be taken to the Mission Table in the First Federated Church foyer or Iowa Right to Life, located at 1500 Illinois St., Des Moines, Iowa (Mon-Fri, 8:00-3:30)

To join our efforts contact: Rhonda Phillips, 515.205.8024, Rhondie27@aol.com, or the Iowa Right to Life Committee, 1500 Illinois St, Des Moines, IA 50314, 515.244.1012


February

Congregational Meeting (Franklin Hall 6:00PM)	8
Making the Most of Moments Together (Fellowship Hall 7:00PM).....	13
Beth Moore Classes Start.....	19
Acquire the Fire.....	20-21
FFC Board Elections.....	22
Alpha Begins (Backdoor 6:00-8:30PM)	23

March

Daylight Savings Time Begins.....	8
Book Sale (7 Flags Event Center)	25-30
Congregational Meeting.....	29

Better Moms Make A Better World



MOPS This Week
 Tuesday, February 10 | 9-11:15AM
 Fellowship Hall
 Debi Lydic from Valley Church will speak on Nurturing your Child's Heart for Jesus.

OTHER NEWS

Sympathy

Our sympathy is extended to those in our church family who have lost a loved one recently:

Barbara DeHaai at the death of her father, Dick DeHaai, on February 4

Harriett Sloan at the death of her brother, Elsworth Gustafson, on February 2

Jeanice Anderson at the death of her father, Don Arnold, on January 28

Food Pantry Sunday, February 15

Items needed to restock our shelves:
 Canned Fruit, Cereal, Peanut Butter, Crackers-Saltines, Pudding, Canned Meats



Thank you in advance for helping those in our community and FFC through this ministry.

Making the Most of Moments Together

Friday, February 13 | 7-9PM

Special Guest: Mike Hartwig
Iowa Family Policy Center and Marriage Matters of Iowa



Don't Miss This Moment

Famed inventor Thomas Edison is quoted as saying, "Opportunity is missed by most people because it is dressed in overalls and looks like work."

Sustaining a happy marriage is work. The fruits of your labor are enjoyable, yet it is work.

To make your work a little lighter and your rewards a little sweeter, don't miss this opportunity to spend an enjoyable evening with your spouse. Attending the FFC Friday pre-Valentine's Day Reception, here at FFC on February 13th, will be a wonderful way to do this.

From 7-9PM in Fellowship Hall, you will enjoy the rich company of others, wonderful appetizers / dessert, an encouraging presentation from Mike Hartwig of the Iowa Family Policy Center and Marriage Matters of Iowa, and a exceptional gift for each couple.

The cost is only \$10 per couple. Childcare will be provided by reservation, please.

Space will be limited, so don't delay in "Making the Most of this Valentine Moment Together." Reserve your place for you and your mate in the foyer today!

For more information, contact the Adult Ministries office, 255.2122 or Adult@FirstFederated.org.